

## Lap Band and Health

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For the initial consultation with a lap band professional, individuals should be prepared with a number of questions.

There are several different criteria that will be invoked to decide if the lap band procedure is the right decision to make in an effort to lose weight and keep it off.

Eligible candidates for lap band surgery need to be between the ages of 18 and 65, have a body mass index (BMI) that falls within the required parameters, and have overall good health. An individual should not have any permanent or major medical conditions that would prohibit them from undergoing weight loss surgery.

A prospective patient might be required to undergo a series of diagnostic exams that would include a chest X-Ray, a blood or a urine test, an electrocardiogram (EKG) and possibly an ultrasound.

The tests can be used to gauge the individual's ability to have go through with lap band surgery and also to act as a measuring stick so that as an individual drops the pounds their doctor can keep track of their improvement.